

# REVONDA CROW

Lic. Massage and Bodywork Therapist (3871)

*Deep Tissue & Swedish Massage*

*Reflexology*

*Reiki*

*Aromatherapy*

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Out-Calls To  
Leatherwood

336.977.8275  
(cell)

rgcrow@gmail.com

W. Jefferson, NC  
Wilkesboro, NC

## SERVICES DESCRIPTION:

**Reflexology:** acupressure that is applied to the feet, and effects the well being of the whole body. No needles! Great for relaxing, too.

**Reiki:** Light touch that works with the energy fields in and outside of the body. Similar to laying-on-of-hands. Client stays fully clothed.

**Aromatherapy:** Therapeutic essential oils are used and massaged into the body and sniffed. Can be used for over all health, or great for relaxing. Up to 3 oils are used.

**Massage:** is manipulation of the soft tissue, and can assist in a whole host of health care issues. Swedish is more relaxing. Deep tissue gets deeper in to the muscles to work on tension.

*\* NO 30 Minute Sessions \**

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### Services Fees:

1 hr: \$75 / 90 min: \$105

Aromatherapy- add \$5

Essential Oil Add-on- \$5

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ReVonda resides in Wilkes County, and has lived in the Blue Ridge for over 20 years, and is a native of NC. She has been a Reiki practitioner since 1998, and has been a lic. massage and bodywork therapist since 2003. She also holds a BA in anthropology and Asian studies. ReVonda lives with her 2 partners: John and Koshka, the cat.